

Joint Health and Wellbeing Strategy Executive Summary

Vision

By 2023, as Barking and Dagenham continues to grow, our residents will have improved health and wellbeing, with less health inequalities between Barking and Dagenham residents and the rest of London: no-one will be left behind. Our residents will have increased resilience, empowered to not just survive, but to thrive. Residents will benefit from a place-based system of care, where partners across the BHR system work together to get upstream of care and improve the health of the population. Partners will increasingly focus on outcomes and impact, rather than outputs with outcomes-based commissioning working effectively to improve outcomes for residents.

Context and strategic framework

The Joint Health and Wellbeing Strategy is required by the Health and Social Care Act 2012. A joint document with Barking and Dagenham Clinical Commissioning Group, the strategy focuses on setting the outcomes that will be used by the Alliance of Providers and Commissioners to create a detailed delivery plan.

Health and Wellbeing Board partners will work together to promote a place-based system of care, where partners work together to improve the health of their population, across the Barking Havering Redbridge integrated care system (ICS). As outlined in the NHS Five year Forward View, in order to improve the health of our population, and creating a sustainable health-care system we need to increase our focus on prevention. Integration is the priority of this strategy– ensuring our children get the best start in life, improving rates of early diagnosis and intervention and building resilience all help us to prevent health problems before they happen.

In drafting this strategy, we have engaged with communities differently. Both the NHS Five Year Forward View and *the Borough Manifesto*, a consultation of over 3000 residents, talk about the need to engage with communities in new ways, and involve them in decisions relating to their health and care. In *The Borough Manifesto*, residents told us that they wanted more of a say on their health – with this in mind, we consulted with 12 resident groups and used ‘I’ statements within each theme of this strategy, outlining what good health looks like to residents.

We have also positioned our 6 outcomes as helping to achieve the longer-term targets of *the Borough Manifesto*, specifically:

- Healthy life expectancy better than the London average by 2037
- Level 1 and Level 4 skills % higher than London average by 2037
- Unemployment rate lower than the London average by 2037

- Personal wellbeing and happiness above the London average
- Rate of regular physical activity higher than East London by 2037

Engagement, consultation and co-production

We have co-produced this strategy with residents, through 12 resident focus groups speaking to residents about what good health looks like to them. We have included these 'I' statements within each theme of the strategy.

In addition to this, we held 3 professional stakeholder workshops with a range of partners in July 2018 on each theme of the strategy to discuss the outcomes and measures to be used within the strategy.

There will be a consultation period with the draft strategy, where residents will be able to have their say on the priorities contained within it. .

Resident 'I' statements'

Theme 1: Best Start in Life

'I' statement 1 – I am provided with information about how best to ensure my child's health and development

'I' statement 2 – I am supported to meet other parents in the community

'I' statement 3 – I am supported to make healthy choices for me and my child

Theme 2: Early Diagnosis and Intervention

'I' statement 4 – I feel my mental health conditions are treated with the same respect as my physical conditions without stigma

'I' statement 5 – When I am diagnosed, my family and I know where to find community support services, including emotional support

'I' statement 6 – When I am diagnosed, I am supported with the information about my condition I need to make decisions and choices

Theme 3: Building Resilience

'I' statement 7 – I feel safe in my home and in my family, and my community, and I know where to go for help

'I' statement 8 – I have opportunities to connect to individuals and communities

'I' statement 9 – I can access mental health support services when I need them